



OUR GOAL

Our aim is to provide support at the earliest opportunity, helping families address concerns before they become more difficult to manage.



OUR TEAM

Our Teams are based across East Riding and are linked to every school. They have built relationships within their communities to ensure you are getting the best support possible from a wide variety of early help professionals.

They are approachable, relational and reliable. They help understand what is going well, what might be difficult, and what support could make things easier for your child and family.



FEEDBACK

We value your feedback and would be grateful if you could take a few moments to share your thoughts about the support you have received. Your feedback helps us to continually develop and improve our service, ensuring that we are meeting the needs of families and providing the right support at the right time.



CONTACTS

You can speak to your school to find out how to get in contact with us.



FAMILY HELP SCHOOL AND COMMUNITY TEAM

We are here to listen, offer guidance, and help connect you with the right support at the right time.





OUR TEAM CAN HELP YOU WITH:

We are here to offer support on any worries or issues you may have including; social and emotional needs, self-esteem and confidence, school avoidance, SEND, anxiety, relationship difficulties, behaviour, financial concerns, bereavement, young carers, transitions, parental conflict, sleep difficulties, and mental health and wellbeing.



We work alongside schools, education and community settings to support children, young people, and their families. We take time to understand each family's strengths and needs, offering advice, information, and practical guidance. We support schools and colleges through the 'Team around the school' approach helping families access the right support at the right time, ensuring they feel listened to, supported, and empowered.



BENEFITS OF ACCESSING OUR SUPPORT

1

We provide support at the earliest opportunity, helping families address concerns before they become more challenging.

2

We offer a listening ear, advice, and practical strategies to help families manage a wide range of challenges and helps build confidence and empowers families to make positive changes.

3

Families do not need to navigate difficulties alone. We can help identify appropriate services, make referrals where needed, and ensure families can access the right support at the right time, making it easier to get help when it is needed most.



COMMUNITY DROP-INS

As well as the drop-in sessions we provide in schools, we also offer support within the local community. These sessions provide an additional and flexible way for families to access support around work, childcare, and other commitments, in familiar and comfortable environments.

Community-based support can be a great opportunity to receive advice, guidance, and practical help in a more informal setting, helping to build confidence, strengthen local connections, and make support more accessible when and where it is needed most.

Ask one of the practitioners or your school for more information about times, dates and venues.

