



## **Ski Trip**

### **Folgarida, Italy**

Saturday 23<sup>rd</sup> March to Saturday 30<sup>th</sup> March 2024

### **Information for Parents and Carers**



## Ski Trip Staff

Mr Evans (Trip Leader)  
Mrs Backhouse (Deputy Trip Leader)  
Miss Dean (Assistant Trip Leader)  
Mrs Mitchell-Williams  
Miss Brunton

## Contact Details

**School trip mobile phone number:** 07759 713991  
(use this number to contact staff on the ski trip)

**Hotel telephone number:** +39 337 45 56 94

## Ski Trip Provider

Max Ski  
[Ski School Trip Specialists for the UK | Max Ski](#)

## Travel Details

### Outbound

**Coach Transfer:** TBC  
*Drop off approx. 3:15am West Car Park*

**Airport:** Newcastle Airport  
**Flight Operator:** Ryanair  
**Flight Number:** FR460  
**Flight Departure Time:** 9:05am

**Destination Airport:** Milan Bergamo  
**Arrival Time:** 12:25pm

*Approximate resort arrival time: 5:30pm*

### Inbound

**Coach Transfer:** TBC  
*Departure time from hotel TBC*

**Airport:** Milan Bergamo  
**Flight Operator:** Ryanair  
**Flight number:** FR461  
**Flight Departure Time:** 12:50pm

**Destination Airport:** Newcastle Airport  
**Arrival time:** 2:15pm

*Approximate school arrival time 6:00pm*

**Final travel arrangements to be communicated once transfer details have been confirmed**

## The Journey

For the journey the following recommendations are made:

- Travel sickness medication and sick bags if needed
- Any medication needs to be in your hand luggage
- **NO** fizzy drinks, **NO** energy drinks (drinks are not allowed through airport security)
- Packed food for breakfast/journey and/or money for food at services/airport
- Your own drinks bottle that can be filled after security and used on the ski slopes
- Entertainment e.g. phone, earphones (all equipment is carried at your own risk)
- Liquid, aerosol or gel items must be in containers of 100ml, 100g or less. These items must be placed in a 20cm x 20cm clear zip lock bag. Only one bag is allowed per passenger to go through airport security (all other toiletries need to be placed in hold luggage).

## Luggage/Flight

- Hand baggage: 40 x 20 x 25cm
- Hold baggage: 20kg (all ski gear needs to be packed in the hold luggage)
- Parents/carers will be responsible for any additional cost incurred for any luggage that exceeds these limits
- The airline will allocate seats for the flights
- Many students will wear their ski jacket as their coat for the journey (and not take any other coat)

## Money

Some money (in Sterling and Euros) may be required for the journey and duration of the trip.

- Sterling/Euros for food or drink students wish to purchase on the journeys.
- All meals are included in Italy, including a drink with each meal. Students may wish to buy additional snacks and drinks on the mountain or in resort. Please be aware that these can be expensive.
- Money may be wanted for any gifts/souvenirs students wish to buy.
- The school staff will operate a bank system. Staff can collect student money at the start of the trip. It will be stored in hotel safety deposit boxes and students can sign-out money each day.

## Cameras/Go Pro

- Most students will only use their phone as a camera. Please bear in mind students will be responsible for their phones should they choose to take it skiing with them each day and staff will not be liable for them at any time.
- Go Pro style cameras will not be allowed whilst skiing.

## Insurance

Maxski insurance details:

- Policy number: STFMSL2003
- Emergency contact number: +44 (0) 2034 753 266
- Travel insurance claims: +44 (0) 2034 753 266

Drifffield School also holds additional insurance which covers students on all school trips and visits, including the ski trip.

## Passports

- Each person on the trip will require their own passport in order to travel.
- If your child does not currently have their own passport or it is due for renewal, please can you ensure this is done as soon as possible to avoid any problems.
- Please remember that since Brexit, passports will need to have at least six months remaining on their passport from the date of arrival back into the UK.
- Information on how to apply can be found at [www.gov.uk](http://www.gov.uk) under the passports section.
- **We will collect passports in school at least two weeks prior to departure.** This is so that we know we have all the passports in preparation for travel.

## GHIC cards

- In addition to the ski trip and school insurances, all students will require a GHIC card.
- These are available at no cost from the NHS website:  
<https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/>
- **We will collect GHIC in school 2 weeks prior to departure (along with passports)**

## 'Skifit' Forms

Maxski collect some specific information about each student prior to departure. They use the data provided to them to organise the different elements of the ski trip with their ski/resort partners/airlines etc.

**'Skifit' form to be completed by Friday 15<sup>th</sup> December:**

DRIFFIELD HIGH SCHOOL SENIOR TRIP - 'SKI FIT' INFORMATION (google.com)

## Clothing and Accessories

### Ski Wear

- Ski jacket
- Ski trousers
- Base layers
- T-shirts/long sleeved tops for over base layers
- Thin fleece tops
- Ski gloves/mittens
- Hat (woolly)
- Ski socks: 1 pair per 1/2 days (we recommend you purchase proper ski socks if possible and avoid tube socks)
- Snood/buff for their neck/head (under helmet)
- Goggles
- Suncream (including lip balm)
- Trainers/boots for travelling to and from the slopes
- Drinks bottle for water
- Small backpack

### General

- Jumpers
- Jeans/leggings/trousers
- Underwear
- Socks
- T-shirts/tops
- Shoes/trainers to wear into town
- Shoes/trainers to wear in the hotel
- Nightwear
- Toiletries
- Towel

## Mobile Phones

Please check roaming charges and tariffs for use abroad before departure.

If necessary, disable data roaming on your phone to avoid charges.

If students need to contact home, they can use the school mobile phone.

## The Resort: Folgarida

Folgarida is an attractive, purpose-built resort in the Italian Dolomites, with skiing linked to the network of slopes above Madonna di Campiglio. The resort is a quiet, family-friendly base on the edge of the Madonna di Campiglio ski area.



Further information about the resort can be found at:  
[Skiarea Campiglio SITO UFFICIALE Val Rendena Val di Sole](#)  
*(translation into English available in the menu)*



## Our Accommodation and Expectations



### Hotel

[Hotels Sancamillo \(hotelsancamillo.com\)](https://hotelsancamillo.com)

The Hotel Sancamillo is located in Dimaro, in a panoramic position of enviable beauty, a few minutes from the centre and only 2 km from the new Daolasa ski lift, connected to the ski area of Folgarida – Marilleva and Madonna di Campiglio.

Free bus transport every morning and return to the ski lift included.

Students will be in shared rooms of 2, 3, 4 and all en-suite.

Full board including lunch on the mountain.

## In the Resort

- Never go off in the resort alone – only go in buddy groups.
- Always tell a member of staff where you are going, with who and always report back when you return. During free time, we will operate a signing in and out system.
- Be on time to all meals and bus transfers.
- The full party will take part in après ski activities, unless as a group we choose to do something else.
- Go to bed when instructed on a night.
- Ensure your room is locked when you leave it and DO NOT leave the key in the room
- Keep money safely out of sight.
- Despite relaxed European drinking laws, absolutely no alcohol is to be consumed by pupils at any point on the trip (even with a meal).
- School mobile number given to all students – always inform staff of any issues first.

**Remember: traffic drives on the opposite side of the road in Italy**

**LOOK LEFT, RIGHT, LEFT**

## Daily Routines (approximate timings)

<b>6:45am</b>	Wake up, dressed, pack bag for the day
<b>7:30am</b>	Breakfast (dressed in ski gear apart from Jacket, with bag already packed for the day)
<b>8:30am</b>	Bus transfer to ski lift
<b>9:00am</b>	Ski store and pick up skis/poles/boots
<b>10:00am</b>	Ski lessons begin
<b>12:00 pm</b>	Lunch on the mountain all together
<b>1:00pm</b>	Afternoon ski lessons begin
<b>4:00pm</b>	End of daily ski lessons
<b>4:30pm</b>	Bus transfer back to hotel
<b>5:00m - 7:00pm</b>	Showers/changed/free time
<b>7:00pm</b>	Dinner in the hotel
<b>8:00pm</b>	Après-ski activities/free time/event of our choice

## Après Ski

- Range of activities organised by Maxski
- Final itinerary will be confirmed when we are in resort
- This might include bowling, pizza night, quiz night, karaoke, disco



### Further expectations:

- Everybody is to attend every meal on time
- The group will enter and leave the dining area together, behave well, clear away plates at the end
- Rooms should be kept tidy at all times (it helps to not lose things!)
- Music should be played at a sensible volume
- Behaviour in and around the hotel must be always of a high standard
- We expect everyone to be well behaved, polite, and sensible at all times
- EVERYONE will take part in skiing everyday unless VERY ILL or BADLY injured

### Skiing

- 5 hours of lessons per day
- 6 days skiing
- 5 different ski groups (based on ability)
- High quality ski instructors

### Staying safe on the slopes

- The skier/boarder behind is responsible for getting out of the way of the skier/boarder in front
- Always look behind you when setting off skiing, don't set off until the piste is clear
- Never stop in the middle of a piste or bunch together at the brow of a hill; if you need to stop go to the edge
- If you fall, and are able, try to move out of people's way as quickly as possible.
- Slow down in poor visibility
- Never ski alone, always follow your instructor
- Never ski beyond your limit of skill and ability-be aware those limits will change when you are tired towards the end of the day

### Rules

- Students and parents/carers will be asked to sign a behaviour agreement
- Always follow your instructor and their instructions
- Meet your instructor at the correct time and place
- Always follow the 'highway code of skiing'
- Drink plenty of soft drinks to replace fluids lost whilst skiing
- Remember to bring your gloves, hat, ski pass, GHIC card, sun cream, goggles/glasses, money (if required) every day: it is the student's responsibility and staff will not have spares of everything
- Keep your lift pass safe: it is hard to replace and needs to be paid for
- **ABOVE ALL, ENJOY YOURSELF!**



## **SAFETY ON THE SLOPES**

- ❖ **RESPECT:** behave in such a way as to not endanger others
- ❖ **CONTROL YOUR SPEED:** adapt your speed according your ability, the terrain and weather conditions as well as the presence of others.
- ❖ **CHOICE OF ROUTE:** the skier in front of you always has priority.
- ❖ **OVERTAKING:** leave enough space so as to allow for any sudden changes in direction by the skier in front.
- ❖ **ENTERING & STARTING:** look up and down the mountain before starting or entering a marked run.
- ❖ **STOPPING:** only stop at the edge of the piste or where you can easily be seen.
- ❖ **CLIMBING:** if you need to climb up or down the slope, use the edge of the piste.
- ❖ **SIGNS:** obey all piste signage and markings. They are there for your safety.
- ❖ **ASSISTANCE:** in case of accidents or incidents, provide help and alert the rescue service.
- ❖ **IDENTIFICATION:** whether responsible or not, you must exchange names and addresses following an accident.



We strongly recommend that all skiers follow the FIS (International Ski Federation) Rules for Conduct.



## Behaviour Expectations Agreement

**When representing myself, my parents/carers and Driffield School on the ski trip, I understand that the following expectations and advice must be adhered to at all times. I have discussed this with my parents/carers and have asked one of the ski trip staff for clarification if I haven't understood any of the points.**

- I understand that skiing is an inherently dangerous sport and that by behaving sensibly and appropriately on the slopes, my chances of being injured are significantly reduced.
- I agree to abide by the instructions given to me by the ski instructors, resort staff and by my teachers, and clearly understand that instructions are for my own safety and well-being, as well as that of others.
- I agree to abide by all timings and agreed location meeting points set down and understand that timings are critical for success and enjoyment of the trip.
- I agree to keeping my hotel room in a clean and reasonably tidy state for the duration of the trip and agree to report any damages, caused unintentionally or otherwise, as soon as possible. I understand that if I do damage any property, I will report it/be responsible for payment of damages. I also agree to leave the hotel room in the state required by resort staff.
- I agree to follow all instructions of school staff when visiting the resort, I will not go into the resort alone, and understand that the systems are in place entirely for my own safety and well-being.
- I agree that I will sleep in the same room allocated to me every night, and for the duration of the night, and understand that this is for my own safety and well-being. I agree that I will not enter a bedroom other than my own during this trip.
- I understand that the minimum legal drinking age in Italy is 18. I understand that I am not allowed to consume alcohol on this ski trip.
- I understand that smoking/vaping are not permitted on this ski trip.
- I agree to wear a helmet at all times whilst skiing and understand that by wearing one I can significantly reduce my chances of suffering serious head injury. Failure to wear a helmet will invalidate my insurance.
- I agree that I have no injury prior to departure that will be exacerbated by the demanding sport of alpine skiing. I understand that any false declarations will render the insurance policy null and void.
- I agree to be responsible for my own ski pass and emergency contact card and agree to take them with me on the slopes every day. I also understand that if I lose my ski pass, any replacement will be at my own expense.
- I agree to giving this trip my full enthusiasm, a good get up and go attitude, a sense of fun and understand that at all times I am an ambassador for Driffield School.

Finally, I understand that any breaches of the above points will invoke a disciplinary process. If I break any rule, I will forfeit a day's skiing and will be confined to the resort. If I continue to break the rules then I may have my ski pass taken off me for the rest of the trip and will therefore be unable to ski. Any serious breach of any of the above points, or repeated breaches, will result in me being asked to return home to the UK, which I understand will be at my own expense and which will have to be organised by me.

Student Name	Student Signature	Date
Parent/carer Name	Parent/Carer Signature	Date
Trip Leader Name	Trip Leader Signature	Date



# DRIFFIELD SCHOOL & SIXTH FORM

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