



Manorfield Road,
Driffield,
East Yorkshire
YO25 5HR

5 October 2023

Dear Parent or Carer,

RE: Restart A Heart Day

On Monday 16 October, as part of Restart a Heart day, we will be welcoming volunteers from Yorkshire Ambulance Service into Driffield School. They will be delivering training to our Year 7 students as part of a National event to improve awareness of essential lifesaving skills.

This event trains approximately 300,000 people across the country over several days so people feel more confident in delivering vital CPR to people in need. As part of our APEX curriculum here at Driffield School, we teach the students the importance of basic first aid and CPR, so this training would support our students even further.

The students will take part in a 30-minute session where they will learn the skills and necessary actions they should undertake when someone collapses. The specialist team will deliver this through demonstrations with CPR mannequins, videos and quizzes. Each student will get the opportunity to practise this in small groups.

If you have any concerns regarding this, please do not hesitate to contact Ms White, Head of Year 7, or your child's Head of House. They can be contacted via telephone or the school's email: office@driffieldschool.org.uk.

Yours faithfully,

A handwritten signature in black ink that reads "A Charlton".

Miss A Charlton
Subject Leader for APEX