

13 May 2022

Dear Parent or Carer,

**RE: Nut-based products in school**

We have a number students and staff in our school who suffer from nut and peanut allergies. Foods that contain nuts and peanut products, even in trace amounts, can for some of our students result in a severe allergic reaction (anaphylaxis) which can be fatal. Anaphylaxis can occur as a result of ingestion, inhalation and physical contact of nut and peanut based products.

For this reason, we kindly ask all parents and students that products containing nuts or peanuts are not brought onto, or consumed, on our site.

Common foods that contain nuts or peanut products include:

- Spreads, e.g. chocolate spreads such as Nutella, and peanut and other nut butters
- Cereal bars
- Some types of chocolates and chocolate bars
- Some types of biscuits
- Some sauces and dips, such as satay
- Cakes that contain nuts
- Some seed mixes

It is advised that food labelling is checked as it is not obvious that some products contain nuts or peanut products.

We fully appreciate that asking students not to bring in such products, and checking products labels, is an inconvenience, however the safety and well-being of all our students is paramount.

I would also like to take this opportunity to reassure parents and students that our first aid team are aware of all information relating to student allergies and in the event of an allergic reaction they are aware of the measures that need to be taken. If you have any concerns about your child's allergies, or would like to discuss anything further, please do not hesitate to make contact with the school.

Many thanks for you continued support.

Yours faithfully,



Mr M Evans  
Assistant Headteacher